

**WAC 246-976-161 Continuing medical education (CME), skills maintenance, and ongoing training and evaluation (OTEP).**

- (1) General requirements. See Tables A and B. You must document your annual CME and skills maintenance requirements, as indicated in the tables. You must complete all CME and skills maintenance requirements for your current certification period to be eligible for recertification.
- (2) (a) You must complete the number of MPD-approved CME hours appropriate to your level of certification, as indicated in Table A.  
  
(b) If you are a first responder or EMT, you may choose to complete an approved OTEP program instead of completing the required number of CME hours and taking the recertification exams.
- (3) You must demonstrate proficiency in certain critical skills, indicated in Table B, to the satisfaction of the MPD:
- (4) IV starts.
  - (a) During your first year of certification as an IV technician, combined IV/airway technician, ILS technician, or paramedic, you must perform a minimum of thirty-six successful IV starts. EXCEPTION: If you have completed a certification period as an IV or ILS technician, you do not need to meet this requirement during your first year of certification as a paramedic.
  - (b) By the end of your initial certification period, you must perform a minimum of one hundred eight successful IV starts.
- (5) Intubations.
  - (a) During your first year of certification as an airway technician, combined IV/airway technician, combined ILS/airway technician or paramedic, you must perform a minimum of twelve successful endotracheal intubations. EXCEPTION: If you have completed a certification period as an airway technician, you do not need to meet this requirement during your first year of certification as a paramedic.
  - (b) By the end of your initial certification period, you must perform a minimum of thirty-six successful endotracheal intubations.

TABLE A: CME REQUIREMENTS	Basic Life Support		Intermediate Life Support					Paramedic
	FR	EMT	IV	Air	IV/Air	ILS	ILS/Air	Paramedic
<b>Annual</b>								
CPR & Airway	X	X	X	X	X	X	X	
Spinal Immobilization	X	X	X	X	X	X	X	
Patient Assessment	X	X	X	X	X	X	X	
<b>Certification Period</b>								
Infectious Disease	X	X	X	X	X	X	X	X
Trauma		X	X	X	X	X	X	X
Pharmacology		X	X	X	X	X	X	
Pediatrics	X	2 hrs	2 hrs	2 hrs	2 hrs	2 hrs	2 hrs	6 hrs
Other CME, for a total of:	15 hrs	30 hrs	45 hrs	45 hrs	60 hrs	60 hrs	75 hrs	150 hrs
OR, complete an equivalent OTEP program as described in WAC 246-976-171	X	X	per MPD for BLS skills	per MPD for BLS skills	per MPD for BLS skills	per MPD for BLS skills	per MPD for BLS skills	per MPD for BLS skills

TABLE B: SKILLS MAINTENANCE REQUIREMENTS	Intermediate Life Support					Paramedic
	IV	Air	IV/Air	ILS	ILS/Air	Paramedic
<b>First Certification Period</b>						
• <b>First Year of Certification</b>						
IV Starts - may not be averaged (see par 4)	36		36	36	36	36
Endotracheal intubations - may not be averaged (see par 5)		12	12		12	12
Demonstrate intraosseous infusion proficiency	X		X	X	X	X
• <b>Second and Third Years of Certification</b>						
IV Starts - average (see par 4)	36		36	36	36	36
Endotracheal intubations - average (see par 5)		12	12		12	12
Demonstrate intraosseous infusion proficiency	X		X	X	X	X
• <b>During the Certification Period</b>						
Demonstrate pediatric airway proficiency		X	X		X	X
Multi-Lumen Airway				per MPD	per MPD	
Defibrillation				per MPD	per MPD	
<b>Later Certification Periods</b>						
• <b>Annual Requirements</b>						
IV Starts - demonstrate proficiency	X		X	X	X	X
Endotracheal intubations - average (see par 4)		4	4		4	4
Demonstrate intraosseous infusion proficiency	X		X	X	X	X
• <b>During the Certification Period</b>						
Demonstrate pediatric airway proficiency		X	X		X	X
Multi-Lumen Airway				per MPD	per MPD	
Defibrillation				per MPD	per MPD	

(6) Description of selected terms used in the table:

- Infectious disease: Infectious disease training must meet the requirements of chapter 70.24 RCW.
- CPR includes the use of airway adjuncts appropriate to the level of certification.
- Pharmacology: Pharmacology specific to the medications approved by your MPD (not required for first responders).
- Pediatrics: This includes patient assessment, CPR and airway management, and spinal immobilization and packaging.
- "IV starts": Proficiency in intravenous catheterization performed on sick, injured, or preoperative adult and pediatric patients. With written authorization of the MPD, IV starts may be performed on artificial training aids.
- Endotracheal intubation: Proficiency in endotracheal intubations, at least half of which must be performed on human subjects. With written authorization of the MPD, up to half of the intubations may be performed on artificial training aids.
- Intraosseous infusion: Proficiency in intraosseous line placement in pediatric patients.
- Proficiency: Ability to perform a skill properly, demonstrated to the satisfaction of the MPD.
- Pediatric airway: Proficiency in pediatric airway management.

[Statutory Authority: Chapters 18.71, 18.73, and 70.168 RCW. 00-08-102, § 246-976-161, filed 4/5/00, effective 5/6/00.]